

Tick off as
you go



Thomas A 'Becket Infant School

Starting School Checklist

Is your child ready for school success?



☐ Independence



- I can sustain attention on an activity for 5 minutes.
- I am starting to make marks with pens/pencils/crayons.
- I recognise my own belongings.
- I talk to my parents/carer about what school will be like.
- I tell someone if I have worries at nursery/school.
- I recognise my own name both spoken and written down.

☐ Health



- Any health issues have addressed by my GP.
- I am up to date with all my immunisations/preschool boosters.
- I can brush my own teeth.
- I enjoy being active.
- I have no hearing or eyesight concerns.



☐ Social Skills



- I enjoy interacting with other children and adults.
- I can share and take turns in different settings.
- I like new experiences, such as shopping, cooking, and counting objects.
- I can follow instructions and rules at home and at nursery/childminder.
- I can express my feelings using words such as sad, happy, angry, frustrated.
- I can make myself understood by my friends and adults.
- I can happily finish an activity I've been doing with a warning.
- I can accept changes to routine, e.g. if I get upset, I know how to ask for help.

☐ Toileting



- I can use the toilet alone, wipe myself clean and flush the toilet.
- I can wash my hands with soap and dry my hands on my own after using the toilet.
- I tell an adult when I have had an accident.

☐ Getting dressed and undressed



- I can put on and take off my uniform by myself, including zips.
- I can put my shoes on.
- I can put my own coat on.
- I understand some parts of my body are private.
- I am independent in changing after I have had an accident.

☐ Routines



- I have a good bedtime routine which includes a bedtime story.
- I usually sleep through the night.
- I have set mealtimes, just like they do in school.

☐ Self-Care



- I can wipe my nose.
- I am learning to cough and sneeze into a tissue or into my elbow.
- I can ask for help when I don't feel well.

☐ Mealtimes



- I like eating a variety of healthy food.
- I use simple cutlery and feed myself.
- I can open packaging, Tupperware and wrappers by myself.



Please bring your child's checklist with you when you come for your parent/carer meeting in September.

If you have any concerns about your child starting school, please contact your child's current childcare provider for advice.

Useful contacts: Health visiting team 0-5 years: 01273 242 004

Parent line: 07312277163

Pupil Premium enquiry: fsm@westsussex.gov.uk