

History

Here are some ideas to help you to make History fun with your child at home:

- ◆ Help children to create/decorate a family tree. Knowledge of their family history gives children of all ages a sense of belonging and of their place in the world.



- ◆ Look at old family photos and share magical family moments. Talk about changes in people, clothing and hairstyles!

- ◆ Develop an understanding of different decades by creating timelines:

- ◆ Order photographs of themselves at different ages.
- ◆ Above each photo children could write the age they were when the photo was taken.
- ◆ Photos of siblings can be added to the timeline at the appropriate place.

The timeline can then be extended by using photos of parents and grandparents at different ages.

Children's understanding of past and present can be developed by talking about what is shown on the timeline:

(e.g.) When daddy was a baby/ When grandma was a little girl.

Children could use the timeline to discuss what has changed and what has stayed the same.

Encourage children to use historical vocabulary

Young/old, before/after, now/then, younger/older.

- ◆ Talk to family members from different generations about childhood memories

- ◆ What toys did they play with?
- ◆ Did they have a favourite game that they played?
- ◆ What was it like at school?

- ◆ Talk about how things have changed or stayed the same, over time.

- ◆ Look around for any family items or treasures that may have been passed down the generations such as teddies, dolls, clocks, coins or stamps, medals, jewellery or items of furniture; share the stories behind them.

History

- ◆ Find out about the history of your house.
 - ◆ When was it built? How old is it?
 - ◆ How long have your family lived there? What is it made of?
 - ◆ Have any changes been made to it since it was built.

- ◆ Take an walk down Tarring High Street .
 - ◆ Look at the old buildings compare them with your home.
 - ◆ What is the same/different.
 - ◆ What are they made of.
 - ◆ What are they used for?
 - ◆ Can children find the oldest /newest building?

If you have time, why don't you have some fun exploring these local places:

Worthing Museum:

full of historical artefacts and pictures many of which recall the history of the local area.

- ◆ They also have a large collection of childhood toys and dolls, including bears of every shape and size.
- ◆ There are board and card games, jigsaw puzzles dating back to the nineteenth century, clockwork and early optical toys, bricks, tops, farms, trains and model soldiers.
- ◆ Early 'Dissected maps' which were an early, strictly educational form of jigsaw puzzle. They have a number of other early educational toys and an enthralling collection of children's books and associated material.

Worthing Dome:

you can step back in time and enjoy a film or you can marvel at the architecture and sketch the building.

St Andrews Church in Tarring:

You have to be very quiet as you pop inside and see if you can spot the old wall murals. Don't forget to look out for the golden cockerel! Or you could just explore the graveyard and find out some local family names.



History

Fishbourne Roman Palace:

Spend the day imagining you are a Roman living in a grand Roman villa and become fascinated by the intricate mosaics. (Watch out for special events in the school holiday.)



Arundel Castle:

Explore the Norfolk family residence. Climb the stairs to the top of the Norman Tower. What can you see from the top?

Bramber Castle:

Walk around the perimeter of the ruins. Why do you think that the castle was built here? What was it made of?

Preston Manor: Imagine you lived in the Victorian Time, find out what you would wear, what you would eat and what furniture would you use?



Weald and Downland Open Air Museum:

Stroll leisurely through the history of houses. Look carefully at each house; what has stayed the same and what is different from your house?

Amberley Museum: Take a ride on the old Vintage bus, how have vehicles changed over time? Find out how technology has influenced how we live today.

Here are a few websites to browse...

[www.bbc.co.uk/history/for kids](http://www.bbc.co.uk/history/for_kids)

[www.primary homeworkhelp.co.uk/history](http://www.primary_homeworkhelp.co.uk/history)

<http://www.worthingmuseum.co.uk/collections/childhoodtoysanddolls/>