## Alive and Kicking



The children will begin their new topic, 'Alive and Kicking', by thinking about what constitutes a healthy lifestyle. They will learn about different food groups and how to eat a balanced diet. They will participate in a range of physical activities and understand the importance of sleep.

#### **Core Books**

Non-fiction Healthy Eating Caring for our bodies

#### Art

To use different art mediums to draw, sketch, shade

Some of TAB Junior's Year 6 students will teach our Year 2 children a life drawing lesson. They will experiment with using a different mediums to draw and shade the outside and inside of different fruit.

What a treat for our children!

### English

**Writing:** Using our key texts, children will write and extend their ideas using a variety of SPaG skills and their Bare Necessities.

**Guided Reading:** During our guided reading sessions, children will continue to use their phonics to segment and blend unknown words, build their fluency, read the punctuation, answer questions, make simple predictions, infer and make links between what they are reading to other texts, movies and life experience.

**Book Talk**: We will be reading a non-fiction book to learn more about Healthy Eating and will discuss the information we have found out. We will continue to use the contents and glossary pages.

**Spelling:** On Spelling Shed and in their weekly Spelling Books, children will be learning the spelling rules: adding er, est and es to words ending in y.

**SPaG**: Children will use four different sentence types, adjectives, noun phrases, adverbs, subordinate conjunctions.

#### Maths

Using all the skills learnt In Year 2 Children will focus on Problem Solving within the 4 calculations by:

- solving one-step problems involving multiplication and division, by calculating the answer using concrete objects, pictorial representations
- using arrays with the support of the teacher
- solving problems with addition and subtraction, by using concrete objects and pictorial representations, including those involving numbers, quantities and measures applying their increasing knowledge of mental and written methods



# Alive and Kicking

### Computing / RSHE

To understand the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.

Children will think about and discuss how long they spend online each day, how they spend this time and how it makes them feel. We will talk about how other activities, such as seeing friends or enjoying a hobby, can have a positive impact on mental and physical wellbeing.



## Computing

To understand what algorithms are, how they are implemented as programs on digital devices, and that programs execute by following precise and unambiguous instructions.

Children will understand and use algorithms, collision detections, timed sequences and adjustable objects in their coding programs.

Children will begin to understand how to debug a program.

#### Science/RSHE

Children will learn the importance of the importance of exercise, eating the right amounts of different types of food and hygiene. They will explore their different heart beat rhythms before and after exercising. They will also learn about the importance of sleep and how it affects our body.

DT

To follow procedures for hygiene and safety

Children will make a sandwich of their choice and fruit salad.

They will make sure they follow procedures to keep themselves and others safe whilst they prepare and serve the food.

PΕ

Children will enjoy and use their PE skills in Zumba, Tennis, an athletic morning at TAB Junior School and while they represent our school at 2025 Legacy Games.